



**Smoking:** Does the child smoke? YES/NO if yes how many cigarettes per day \_\_\_\_  
Do parents/ carer's smoke? YES/NO

**Exercise:** Any exercise done for more than 20 minutes at a time counts e.g. walking, dancing, football, swimming, cycling. Please circle the option closest:

The child is very active and participates in regular exercise in and out of school  
The child only exercises at school during physical education lessons  
The child is unable to exercise at all, reason:.....

**Diet:** please circle one option that is closest to your diet:

The child has chips or fried food most days  
The child has chips or fried food three or four times a week  
The child has chips or fried food once or twice a week  
The child does not eat chips or fried food

How many portions of fruit or vegetables do the child usually eat a day \_\_\_\_\_

**Immunisations:** please bring your child's red book or immunisation record to the surgery:

Schedule for UK	Usual age	Tick if given
Dip, tet, whooping cough, polio,hib. Pneumonia.	2 months.	
Dip,tet, whooping cough,polio,hib. Meningitis C	3 months.	
Dip, tet, whooping cough,polio, hib. Pneumonia.	4 months.	
Hib and Men C.	12 months.	
Pneumonia and MMR.	13 months.	
Dip, tet, whooping cough,polio. MMR.	3-4 years old.	

Any other immunisations that you/the child has received: \_\_\_\_\_

**Immigrant:** Yes/No

Where from: \_\_\_\_\_

Have you lived in any other country if yes where and for how long: \_\_\_\_\_

Date arrived in UK: \_\_\_\_\_

Which language do you normally speak at home: \_\_\_\_\_

**ETHNICITY:** (please circle)

**WHITE:**

White British  
White Irish  
White Scottish  
White Welsh  
Other White

**MIXED RACE:**

White/Caribbean  
White/African  
White/Asian  
Other Mixed  
Indian/British

**ASIAN OR BLACK BRITISH:**

Pakistani  
Bangladeshi  
Indian  
African  
Caribbean  
Other Black

**OTHER:**

Chinese  
Japanese  
Middle Eastern  
Other

**For Doctor/Nurse:**

Hgt \_\_\_\_\_ Wgt \_\_\_\_\_ bp \_\_\_\_\_ Urine: protein \_\_\_\_\_ glucose \_\_\_\_\_